



The Good Shepherd Lunch Menu March 2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1			1 Meatballs & Spaghetti Broccoli Fresh Fruit & Milk	2 Hamburger Baked Beans Fresh Fruit & Milk	3 Cheese Pizza Corn Fresh Fruit & Milk
WEEK 2	6 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	7 Chicken Nuggets Mashed Potatoes Broccoli Fresh Fruit & Milk	8 Chicken Alfredo Green Beans Fresh Fruit & Milk	9 Hot Dogs (w/ chili) Tater Tots Fresh Fruit & Milk	10 Cheese Pizza Corn Fresh Fruit & Milk
WEEK 3	13 Chicken & Sausage Gumbo Rice Carrots Fresh Fruit & Milk	14 Crispy Chicken Sandwich French Fries Cauliflower Fresh Fruit & Milk	15 BBQ Rib Sandwich Baked Beans Fresh Fruit & Milk	16 Beef Tacos Corn Lettuce, Tomato, Cheese Fresh Fruit & Milk	17 Cheese Pizza Broccoli Fresh Fruit & Milk
WEEK 4	20 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	21 Meatballs Sub Green Beans Fresh Fruit & Milk	22 Hamburger Baked Beans Fresh Fruit & Milk	23 Beef Nachos Corn Fresh Fruit & Milk	24 Cheese Pizza French Fries Broccoli Fresh Fruit & Milk
	27 Meatloaf Mac & Cheese Cauliflower Fresh Fruit & Milk	28 No School	1 Beef Tacos Corn Fresh Fruit & Milk	2 Pulled Pork Sandwich Green Beans Baked Beans Fresh Fruit & Milk	3 Cheese Pizza Broccoli Fresh Fruit & Milk

*This institution is an equal opportunity provider.



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