



The Good Shepherd Lunch Menu February 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	2 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	3 Chicken Nuggets Mac & Cheese Broccoli Fresh Fruit & Milk	4 Spaghetti & Meatballs Green Beans Fresh Fruit & Milk	5 Hamburgers French Fries Baked Beans Fresh Fruit & Milk	6 Mini Corndogs Corn Tater Tots Fresh Fruit & Milk
WEEK 2	9 Chicken Tenders Mashed Potatoes Green Beans Fresh Fruit & Milk	10 Smothered Chicken Brown Rice Collared Greens Cornbread Fresh Fruit & Milk	11 Beef Tacos Refried Beans Corn Fresh Fruit & Milk	12 Chicken & Sausage Gumbo Brown Rice Carrots Brea Roll Fresh Fruit & Milk	13 Pepperoni Pizza Side Salad French Fries Fresh Fruit & Milk
WEEK 3	16 Mardi Gras	17 Mardi Gras	18 Mardi Gras	19 Mardi Gras	20 Mardi Gras
WEEK 4	23 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	24 Hot Dogs Baked Beans Tater Tots Fresh Fruit & Milk	25 Shepard's Pie Carrots Bread Roll Fresh Fruit & Milk	26 Pastalaya Green Beans Garlic Bread Fresh Fruit & Milk	27 Cheese Pizza French Fries Corn Fresh Fruit & Milk

*This institution is an equal opportunity provider.

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