



The Good Shepherd Lunch Menu April 2023



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|--|--|---|---|
| WEEK 1 | 3 Hamburgers French Fries Carrots Fresh Fruit & Milk | 4 BBQ Chicken Thighs Mac & Cheese Green Beans Fresh Fruit & Milk | 5 Meatballs & Spaghetti Broccoli Fresh Fruit & Milk | 6 Spring Break | 7 Spring Break |
| WEEK 2 | 10 Spring Break | 11 Spring Break | 12 Chicken Alfredo Green Beans Fresh Fruit & Milk | 13 Hot Dogs (w/ chili) Tater Tots Fresh Fruit & Milk | 14 Pepperoni Pizza Corn Fresh Fruit & Milk |
| WEEK 3 | 17 Chicken Nuggets Mashed Potatoes Cheesy Cauliflower Fresh Fruit & Milk | 18 Meatballs Sub Green Beans Fresh Fruit & Milk | 19 BBQ Rib Sandwich Baked Beans Fresh Fruit & Milk | 20 Beef Nachos Corn Fresh Fruit & Milk | 21 Mini Corn Dogs Roasted Broccoli Fresh Fruit & Milk |
| WEEK 4 | 24 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk | 25 Crispy Chicken Sandwich French Fries Cauliflower Fresh Fruit & Milk | 26 Hamburger Baked Beans Fresh Fruit & Milk | 27 Beef Tacos Corn Lettuce, Tomato, Cheese Fresh Fruit & Milk | 28 Pepperoni Pizza French Fries Broccoli Fresh Fruit & Milk |

*This institution is an equal opportunity provider.