



The Good Shepherd

Lunch Menu

February 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	29 Red Beans Smoked Sausage Carrots Fresh Fruit & Milk	30 Fajita Chicken Tacos Refried Beans Corn Fresh Fruit & Milk	31 Grilled Cheese Tomato Basil Soup Roasted Broccoli Fresh Fruit & Milk	1 Mini Corndogs Green Beans French Fries	2 Crispy Chicken Drumsticks Mac & Cheese Mixed Vegetables	
WEEK 2	5 Beef & Queso Nachos Black Beans Fresh Fruit & Milk	6 Chicken Nuggets Mac & Cheese Broccoli Fresh Fruit & Milk	7 Meatball Poboy French Fries Lettuce & Tomatoes Fresh Fruit & Milk	8 Smothered Chicken Rice & Gravy Green Beans Fresh Fruit & Milk	9 Pepperoni Pizza Cheese Pizza Corn Fresh Fruit & Milk	
WEEK 3	12 Mardi Gras Break	13 Happy Mardi Gras!	14 Happy Valentine's Day	15 Mardi Gras Break	16 Mardi Gras Break	
WEEK 4	19 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	20 Chicken Tenders Mac & Cheese Mixed Vegetables Fresh Fruit & Milk	21 Spaghetti Casserole Green Beans Fresh Fruit & Milk	22 Breaded Chicken Drumstick Mashed Potatoes Broccoli Bread Roll Fresh Fruit & Milk	23 Cheese Pizza Tater Tots Fresh Fruit & Milk	
	26 Chicken & Sausage Pastalaya Carrots Fresh Fruit & Milk	27 Chicken Sandwich (mild or spicy) Green Beans Fresh Fruit & Milk	28 Beef Tacos Refried Beans Fresh Fruit & Milk	29 Chicken Alfredo Broccoli Fresh Fruit & Milk	1 Cheese Pizza Corn Fresh Fruit & Milk	

*This institution is an equal opportunity provider.

