

## The Good Shepherd Breakfast Menu January 2024



|        | MONDAY                     | TUESDAY              | WEDNESDAY           | THURSDAY          | FRIDAY            |  |
|--------|----------------------------|----------------------|---------------------|-------------------|-------------------|--|
|        |                            |                      |                     |                   |                   |  |
|        |                            |                      |                     |                   |                   |  |
|        | 1                          | 2                    | 3                   | 4                 | 5                 |  |
| WEEK 1 |                            |                      |                     | <u> </u>          |                   |  |
|        | Christmas Holiday          | Christmas Holiday    | Christmas Holiday   | Christmas Holiday | Christmas Holiday |  |
|        |                            |                      |                     |                   |                   |  |
|        | 8                          | 9                    | 10                  | 11                | 12                |  |
| WEEK 2 | Waffles                    | Muffin Loaf & Yogurt | French Toast Sticks | Sausage Biscuit   | Cinnamon Roll     |  |
|        | or                         | or                   | or                  | or                | or                |  |
|        | Assorted Cereal            | Assorted Cereal      | Assorted Cereal     | Assorted Cereal   | Assorted Cereal   |  |
|        | Fresh Fruit                | Fresh Fruit          | Fresh Fruit         | Fresh Fruit       | Fresh Fruit       |  |
|        | Milk                       | Milk                 | Milk                | Milk              | Milk              |  |
|        | 15                         | 16                   | 17                  | 18                | 19                |  |
| WEEK 3 |                            | Muffin Loaf & Yogurt | Breakfast Burrito   | Apple Frudel      | Breakfast Corndog |  |
|        | Martin Luther King Jr. Day | Or                   | or                  | or                | or                |  |
|        |                            | Assorted Cereal      | Assorted Cereal     | Assorted Cereal   | Assorted Cereal   |  |
|        |                            | Fresh Fruit          | Fresh Fruit         | Fresh Fruit       | Fresh Fruit       |  |
|        |                            | Milk                 | Milk                | Milk              | Milk              |  |
|        | 22                         | 23                   | 24                  | 25                | 26                |  |
| WEEK 4 | Waffles                    | Muffin Loaf & Yogurt | French Toast Sticks | Sausage Biscuit   | Cinnamon Roll     |  |
|        | Or                         | Or                   | or                  | or                | or                |  |
|        | Assorted Cereal            | Assorted Cereal      | Assorted Cereal     | Assorted Cereal   | Assorted Cereal   |  |
|        | Fresh Fruit                | Fresh Fruit          | Fresh Fruit         | Fresh Fruit       | Fresh Fruit       |  |
|        | Milk                       | Milk                 | Milk                | Milk              | Milk              |  |
|        | 29                         | 30                   | 31                  | 1                 | 2                 |  |
|        | Pancakes                   | Muffin Loaf & Yogurt | Breakfast Burrito   | Apple Frudel      | Breakfast Corndog |  |
|        | Or                         | Or                   | or                  | or                | or                |  |
|        | Assorted Cereal            | Assorted Cereal      | Assorted Cereal     | Assorted Cereal   | Assorted Cereal   |  |
|        | Fresh Fruit                | Fresh Fruit          | Fresh Fruit         | Fresh Fruit       | Fresh Fruit       |  |
|        | Milk                       | Milk                 | Milk                | Milk              | Milk              |  |

<sup>\*</sup>This institution is an equal opportunity provider.

